Adrenal Crisis in Adults



Adrenal Crisis: Signs & Symptoms

- 5 Signs and Symptoms (5Ss) of Adrenal Crisis:
- Sudden pain abdomen, back, legs
- Syncope

Shock –confusion, altered consciousness, cold and

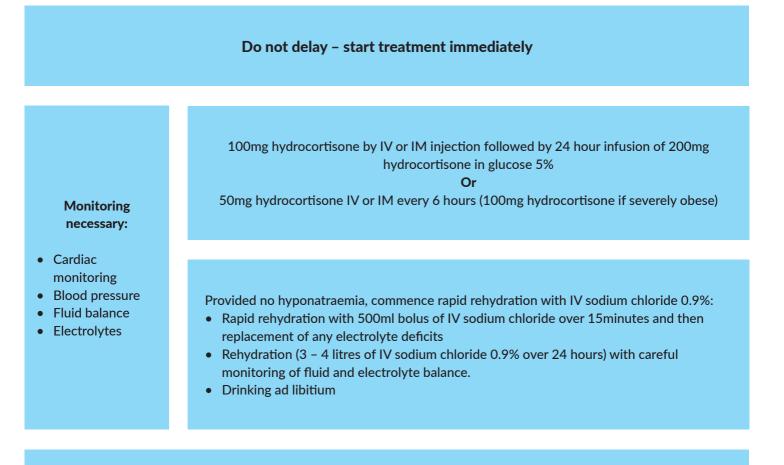
clammy skin, rapid respiratory rate, fast heart rate

- Super low blood pressure
- Severe nausea, vomiting, headache and weakness

Biochemical Markers

- Hyponatraemia
- Hypoglycaemia
- Hypercalcaemia
- Normocytic anaemia
- Acute kidney injury
- Hyperkalaemia (primary adrenal insufficiency)

Management of Adrenal Crisis



Liaise with endocrinology and refer for assessment and ongoing management of adrenal insufficiency