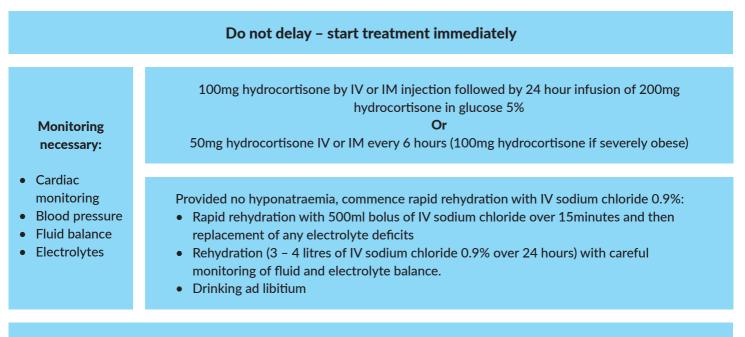


Management of Adrenal Insufficiency

Primary Adrenal Insufficiency	 Steroid replacement therapy with: Glucocorticoid – either hydrocortisone or prednisolone Mineralocorticoid – fludrocortisone
Secondary & Tertiary Adrenal Insufficiency	Steroid replacement therapy with: • Glucocorticoid – either hydrocortisone or prednisolone
Steroid Induced Adrenal Insufficiency	 Taper dose to lowest possible for management of ongoing inflammatory disorder. To measure morning cortisol, reduce dose gradually to 5mg prednisolone or equivalent. If cortisol levels abnormal, continue daily glucocorticoids and repeat morning cortisol at later stage. Refer to endocrinology if repeated morning cortisol levels abnormal and sufficient time has been given to allow adrenal function to recover (between 6 and 12 months).

Management of Adrenal Crisis



Liaise with endocrinology and refer for assessment and ongoing management of adrenal insufficiency