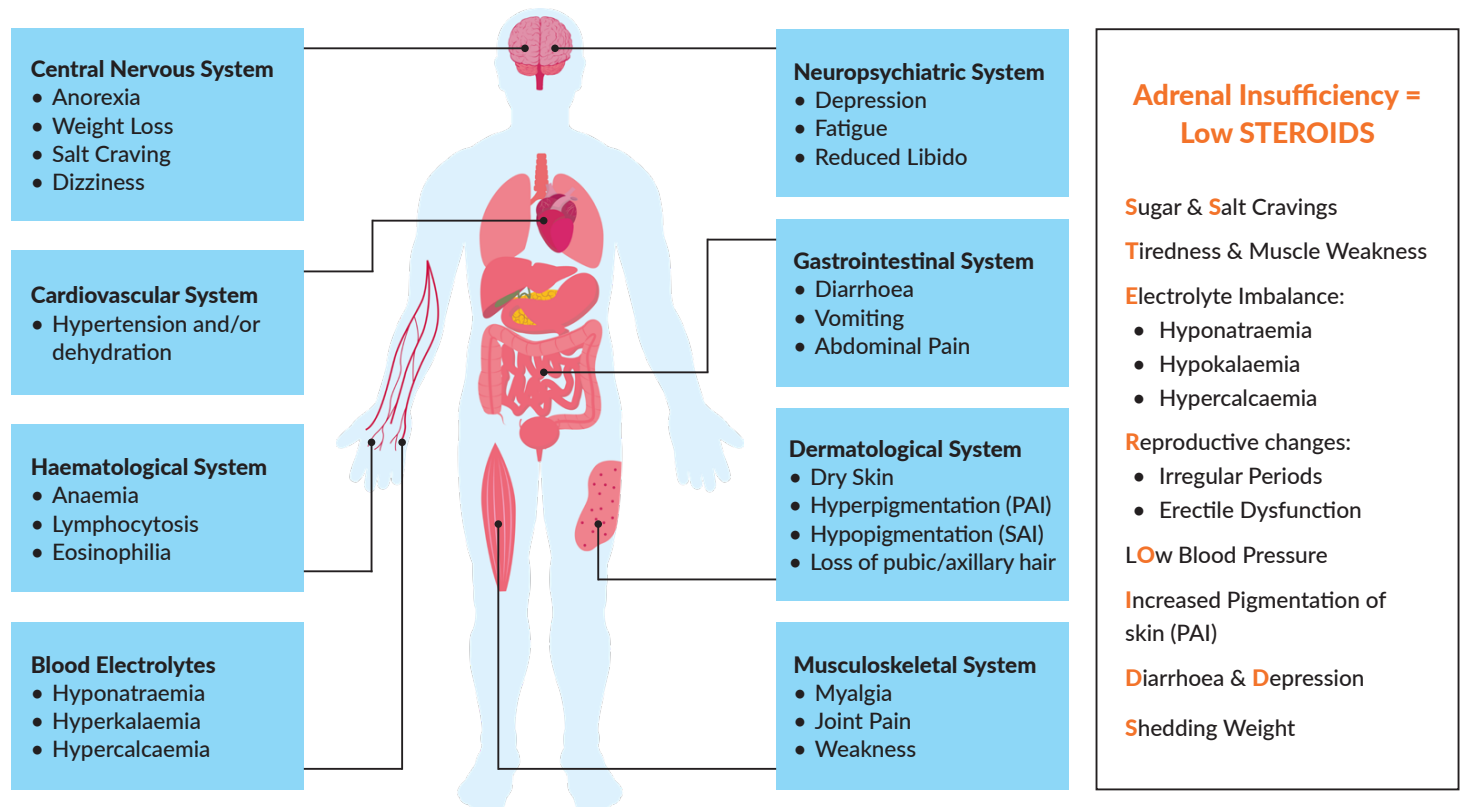


# Signs and Symptoms of Adrenal Insufficiency and Crisis

## Adrenal Insufficiency: Signs & Symptoms



Undiagnosed and/or under treated AI can result in adrenal crisis

## Signs and Symptoms of Adrenal Crisis

### 5 Signs and Symptoms (5Ss) of Adrenal Crisis:

**S**udden pain – abdomen, back, legs

**S**yncope

**S**hock –confusion, altered consciousness, cold and clammy skin, rapid respiratory rate, fast heart rate

**S**uper low blood pressure

**S**evere nausea, vomiting, headache and weakness

### Biochemical Markers

- Hyponatraemia
- Hypoglycaemia
- Hypercalcaemia
- Normocytic anaemia
- Acute kidney injury
- Hyperkalaemia (primary adrenal insufficiency)