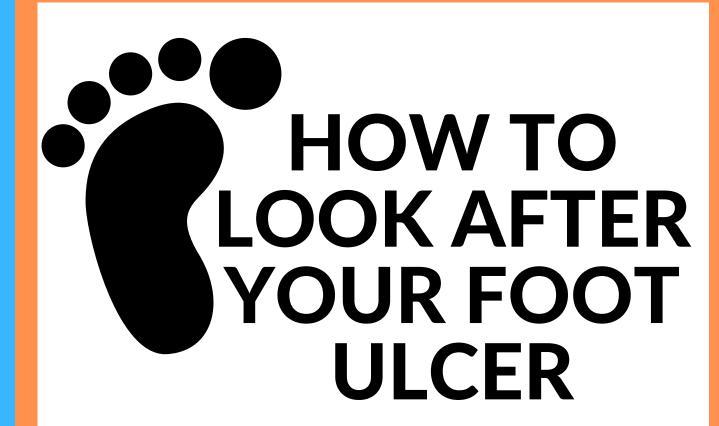
LOOK AFTER YOUR FEET



Do not touch the dressing unless
you have been
shown how to remove and
replace it and you have suitable
dressings ready to
replace the one you are changing.

DONT GET YOUR DRESSING WET

DON'T FORGET

CHECK YOU FEET DAILY

HOT OR NOT

AN INFECTED FOOT WOUND CAN CAUSE FLU LIKE FEVERS

Antibiotics: if you have been prescribed antibiotics do not stop taking them unless advised. Report any side effects to the person who prescribed them

DANGER SIGNS



PAY CLOSE ATTENTION FOR;

- · Any discharge?
- · Any flu-like symptoms?
- · New pain or throbbing?
- · New smell from your foot?
- · Foot feeling hotter than usual?
- · New areas of redness, inflammation or swelling?

IF YOU <u>IDENTIFY ANY OF THE WARNING SIGNS</u> OR HAVE ANY CONCERNS PLEASE <u>CONTACT YOUR LOCAL PODIATRY</u> <u>SERVICE</u> FOR TELEPHONE ADVICE AND URGENT REVIEW.

